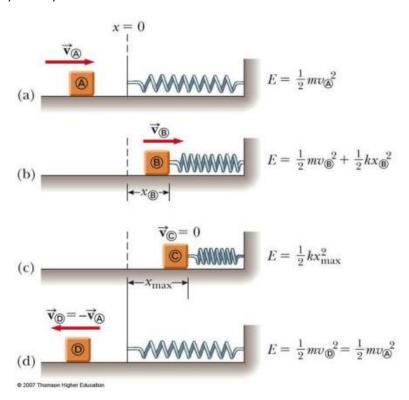
Block-Spring Collision – Lesson

	<u> </u>	
Name:	Date:	

A 0.8kg block is moving across a frictionless surface at 1.2 m/s towards an ideal spring (case a) below) with spring constant 50 N/m.

- a) Calculate the maximum compression (case c) below).
- b) Calculate the speed of the block when the block is compressed by 10 cm (case b) below).
- c) After the block is compressed and then pushes the block back, calculate its speed as it leaves the block (case d) below).



Total Energy: